



## Grow My GRIT Podcast Episode 14: Do Your GRIT Words Get Along?

If your words **compete**, how does that typically play out in the face of obstacles?

What are some pros and cons of having words that **compete**?

If your words **cooperate**, how does that typically play out in the face of obstacles?

What are some pros and cons of having words that **cooperate**?

If your words **connect**, how does that typically play out in the face of obstacles?

What are some pros and cons of having words that **connect**?

Bonus #1 - Is there a sentence or thought you wish you could unhear because it makes you feel as though you could/should change something about your way of being or your way of doing things in the world?

Bonus #2 – Did a question you’ve been avoiding come up in this episode? How will you answer the question if you’re ready?

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