



## Grow My GRIT Podcast Episode 8: Going Off-Road with Offbeet Life

Thinking back to the last time when major plans didn't work out, how important was your GRIT to move forward? If you couldn't really move forward, how did your GRIT stop you from getting/staying stuck?

Did one of your GRIT words act as more of a foundation than the others?

Looking ahead to any big plans you have in-the-works, what are some possible detours (e.g., unexpected twists) that may end up becoming your new path(s)?

Which detour is the scariest and which is the most exciting?

Bonus #1 - Is there a sentence or thought you wish you could unhear because it makes you feel as though you could/should change something about your way of being or your way of doing things in the world?

Bonus #2 – Did a question you've been avoiding come up in this episode? How will you answer the question if you're ready?

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