



Grow My GRIT Podcast Episode 19: Creating a Safe Space for GRIT in the Classroom

As a teenager, which teacher(s) created a **safe** classroom for your learning style?
Whose classroom(s) felt **unsafe** based on your needs as a learner?

What did you discover about yourself in these **supportive** and **unsupportive** learning environments?

What did those experiences teach you about your GRIT?

As an adult, what makes a learning environment feel **safe** to you?

What makes a learning space feel **unsafe**? How does your GRIT get you through?

Bonus #1 - Is there a sentence or thought you wish you could unhear because it makes you feel as though you could/should change something about your way of being or your way of doing things in the world?

Bonus #2 – Did a question you’ve been avoiding come up in this episode? How will you answer the question if you’re ready?

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