



Grow My GRIT Podcast

Episode 26: How Can Mentoring Move Mountains?

Looking back as far as you can, who are the three most significant mentors you've ever had (formal or informal)? Which of your GRIT words did they model or exemplify?

Erica chose to share her ideas about connecting women in the community **before** her thoughts were fully formed in her mind. This can either be seen as a huge risk that no one will support the idea or a huge leap of faith that the right supports from the right people will come at the right time and help bring the idea to life! Do you think she was courageous, crazy or both? What would you have done in her situation?

Are there any ideas that you've been holding onto until the time is right? Who are three people you can share your ideas with during the next week in the hopes of finding the right supports from the right people at the right time?

Bonus #1 - Is there a sentence or thought you wish you could unhear because it makes you feel as though you could/should change something about your way of being or your way of doing things in the world?

Bonus #2 – Did a question you've been avoiding come up in this episode? How will you answer the question if you're ready?

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